

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Women 100 Meter Dash Novice****KASSAA: 12.40 * 2009****Taylor Cole****KASSAA 2: 12.40 + 2006****Jessica Keating**

Name	School	Prelims
Preliminaries		
1 Vivian King	Bayridge S.S	13.64Q
2 Lily Westerkamp	Holy Cross -	13.65Q
3 Ellamae Timpson	Sydenham HS	13.75Q
4 Charlotte Jackson	Kingston Sec	13.90Q
5 Mila Pyke	Napanee Dist	14.02q
6 Claire Jarmin	Napanee Dist	14.03q
7 Aaliyah Meynert	Kingston Sec	14.09q
8 Mallory Bush	Loyalist Cvi	14.16q
9 Megan Ellacott	Kingston Sec	14.47
10 Evie Valente	Holy Cross -	14.50
11 Harper McEvoy	Holy Cross -	14.51
12 Evelyn Brophy	Kingston Sec	14.73
13 Tehilah Wasinda	Loyalist Cvi	14.86
14 Emmy Scovill	Regiopolis-N	14.90
15 Morgan McKane	La Salle SS	15.25
16 Kendall Brown	Bayridge S.S	15.25
17 Lindy Adolphe	Holy Cross -	15.70
18 Tatyanna Martin	La Salle SS	16.15
19 Sophie Myers	La Salle SS	16.16
20 Allie Tschakovsky	Regiopolis-N	16.33
21 Elyzabeth Campbell	Esc St. MR	17.14
22 Charlie Minville	Esc St. MR	17.31

Women 100 Meter Dash Novice**KASSAA: 12.40 * 2009****Taylor Cole****KASSAA 2: 12.40 + 2006****Jessica Keating**

Name	School	Finals
Finals		
1 Lily Westerkamp	Holy Cross -	13.37
2 Ellamae Timpson	Sydenham HS	13.62
3 Charlotte Jackson	Kingston Sec	13.73
4 Vivian King	Bayridge S.S	13.81
5 Claire Jarmin	Napanee Dist	13.82
6 Aaliyah Meynert	Kingston Sec	13.88
7 Mallory Bush	Loyalist Cvi	14.02
8 Mila Pyke	Napanee Dist	14.13

Women 200 Meter Dash Novice**KASSAA: 26.20 * 2024****Caitlyn Wimmer**

Name	School	Prelims
Preliminaries		
1 Lily Westerkamp	Holy Cross -	27.95Q
2 Ellamae Timpson	Sydenham HS	28.15Q
3 Charlotte Jackson	Kingston Sec	28.73Q
4 Mallory Bush	Loyalist Cvi	28.69q
5 Claire Jarmin	Napanee Dist	28.88q
6 Harper McEvoy	Holy Cross -	29.02q
7 Aaliyah Meynert	Kingston Sec	29.03q
8 Makena Gibson	Napanee Dist	30.28q
9 Megan Ellacott	Kingston Sec	30.49

10 Nkechi Ibida	Holy Cross -	30.70
11 Morgan McKane	La Salle SS	31.09
12 Summer Philpot	La Salle SS	31.53
13 Emily Twigg	Holy Cross -	31.77
14 Tehilah Wasinda	Loyalist Cvi	32.05
15 Sophie Myers	La Salle SS	32.83

Women 200 Meter Dash Novice**KASSAA: 26.20 * 2024****Caitlyn Wimmer**

Name	School	Finals
Finals		
1 Lily Westerkamp	Holy Cross -	27.82
2 Ellamae Timpson	Sydenham HS	28.07
3 Mallory Bush	Loyalist Cvi	28.46
4 Charlotte Jackson	Kingston Sec	28.52
5 Claire Jarmin	Napanee Dist	28.83
6 Harper McEvoy	Holy Cross -	28.92
7 Aaliyah Meynert	Kingston Sec	29.44
8 Makena Gibson	Napanee Dist	29.55

Women 400 Meter Dash Novice**KASSAA: 57.73 * 2017****Anna Workman**

Name	School	Finals
Finals		
1 Ellamae Timpson	Sydenham HS	1:03.74
2 Mallory Bush	Loyalist Cvi	1:03.82
3 Carrie Sywyk	Napanee Dist	1:03.90
4 Annie Wood	Kingston Sec	1:05.69
5 Claire Wang	Sydenham HS	1:06.59
6 Glenna Jaff	Kingston Sec	1:08.63
7 Emily Dorey	Holy Cross -	1:09.33
8 Alex Fairbairn	Napanee Dist	1:10.07
9 Nora Young	Holy Cross -	1:10.67
10 Summer Philpot	La Salle SS	1:10.96
11 Cali Neddow-Lutz	La Salle SS	1:16.09
12 Kaylee Mahoney	Kingston Sec	1:17.81
13 Grace Allen	Regiopolis-N	1:18.36

Women 800 Meter Run Novice**KASSAA: 2:18.59 * 2017****Anna Workman**

Name	School	Finals
Finals		
1 Vicky Malik	Kingston Sec	2:21.52
2 Eva Andrezyk	Kingston Sec	2:29.56
3 Claire Wang	Sydenham HS	2:38.55
4 Lily Blackwell	Kingston Sec	2:39.94
5 Annie Wood	Kingston Sec	2:40.35
6 Rhea Hollingsworth	Sydenham HS	2:42.90
7 Lindsay Muli	Napanee Dist	2:44.26
8 Emily Dorey	Holy Cross -	2:44.27
9 Rachel Burnett	Napanee Dist	2:53.01
10 Nora Young	Holy Cross -	2:53.96
11 Brigitte Bedard	Mille-iles	2:54.76
12 Eva Sissons	Sydenham HS	2:57.79
13 Jill Sydor	Regiopolis-N	3:04.49
14 Asha Egan	Frontenac SS	3:09.20

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Finals ... (Women 800 Meter Run Novice)**

	Name	School	Finals
15	Clara Hogan	Loyalist Cvi	3:11.04
16	Grace Allen	Regiopolis-N	3:21.00

Women 1500 Meter Run Novice**KASSAA: 4:50.30 * 2015****Brogan MacDougall**

	Name	School	Finals
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Finals

1	Vicky Malik	Kingston Sec	4:48.71*
2	Eva Andrecyk	Kingston Sec	4:54.11
3	Lily Blackwell	Kingston Sec	5:13.02
4	Rhea Hollingsworth	Sydenham HS	5:28.67
5	Lindsay Muli	Napanee Dist	5:29.36
6	Maddalena Castro	Regiopolis-N	5:37.15
7	Rachel Burnett	Napanee Dist	5:51.97
8	Abby Doucet	Frontenac SS	6:00.19
9	Glenna Jaff	Kingston Sec	6:04.37
10	Chloe Meyer	Sydenham HS	6:05.10
11	Wen Guo	Holy Cross -	6:08.03
12	Eva Sissons	Sydenham HS	6:08.47
13	Mae Gillis	Loyalist Cvi	6:17.73
14	Grace Allen	Regiopolis-N	7:22.98

Women 3000 Meter Run Novice**KASSAA: 10:50.53 * 2019****Reese McShane**

	Name	School	Finals
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Finals

1	Vicky Malik	Kingston Sec	10:34.37*
2	Eva Andrecyk	Kingston Sec	10:49.34*
3	Lily Blackwell	Kingston Sec	11:24.26
4	Lindsay Muli	Napanee Dist	11:52.60
5	Maddalena Castro	Regiopolis-N	12:17.31
6	Rachel Burnett	Napanee Dist	12:32.63
7	Kaylee Mahoney	Kingston Sec	13:31.16
8	Clara Hogan	Loyalist Cvi	13:37.15

Women 80 Meter Hurdles Novice**KASSAA: 12.80 * 2011****Jazmine Battle**

	Name	School	Prelims
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Preliminaries

1	Vivian King	Bayridge S.S	13.72Q
2	Carrie Sywyk	Napanee Dist	14.30Q
3	Kaia Dafnas	Sydenham HS	13.92Q
4	Kendall Brown	Bayridge S.S	14.91Q
5	Mila Pyke	Napanee Dist	15.28Q
6	Alex Fairbairn	Napanee Dist	16.19Q
7	Olivia Yeates	Bayridge S.S	17.42q
8	Joleen Karp	La Salle SS	17.50q
9	Claire Zuliniak	Sydenham HS	17.66

Women 80 Meter Hurdles Novice**KASSAA: 12.80 * 2011****Jazmine Battle**

	Name	School	Finals
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Finals

1	Vivian King	Bayridge S.S	13.66
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2	Kaia Dafnas	Sydenham HS	14.18
3	Carrie Sywyk	Napanee Dist	14.29
4	Kendall Brown	Bayridge S.S	14.53
5	Mila Pyke	Napanee Dist	14.97
6	Alex Fairbairn	Napanee Dist	16.04
7	Olivia Yeates	Bayridge S.S	17.44

Women 300 Meter Hurdles Novice**KASSAA: 46.40 * 2007****Kristen Mullen**

	Name	School	Finals
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Finals

1	Carrie Sywyk	Napanee Dist	49.55
2	Vivian King	Bayridge S.S	53.30
3	Annie Wood	Kingston Sec	53.92
4	Charlotte Jackson	Kingston Sec	55.65
5	Summer Philpot	La Salle SS	56.14
6	Emily Dorey	Holy Cross -	56.95
7	Emmy Scovill	Regiopolis-N	57.62
8	Olivia Yeates	Bayridge S.S	1:00.06

Women 4x100 Meter Relay Novice**KASSAA: 52.04 * 2017****Frontenac S.S.**

	Team	Relay	Finals
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Finals

1	Napanee Dist		53.82
2	Kingston Sec		53.97
3	Sydenham HS		54.01
4	Holy Cross - Kingston		54.10
5	Frontenac SS		56.72
6	Regiopolis-N		58.13
7	La Salle SS		1:00.76

Women High Jump Novice**KASSAA: 1.50m * 2005****Shade Makinde**

	Name	School	Finals
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Finals

1	Kaia Dafnas	Sydenham HS	1.40m
2	Mackenzie Abrams	La Salle SS	1.35m
3	Claire Zuliniak	Sydenham HS	1.35m
4	Joleen Karp	La Salle SS	1.25m
5	Meghan Moore	Loyalist Cvi	1.15m

Women Pole Vault Novice**KASSAA: 2.25m * 2019****Lexi Sotriadis**

	Name	School	Finals
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Finals

1	Piper Ballance	Napanee Dist	1.70m
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Women Long Jump Novice**KASSAA: 4.82m * 2011****Celina Grey**

	Name	School	Finals
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Finals

1	Lily Westerkamp	Holy Cross -	4.50m
2	Peyton Campbell	Frontenac SS	4.45m
3	Kaia Dafnas	Sydenham HS	4.29m
4	Avery Forester	Napanee Dist	3.99m
5	Makena Gibson	Napanee Dist	3.94m

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Finals ... (Women Long Jump Novice)**

	Name	School	Finals
6	Evie Valente	Holy Cross -	3.90m
7	Lucy Lake	Regiopolis-N	3.86m
8	Hope Wenje	Regiopolis-N	3.67m
9	Jill Sydor	Regiopolis-N	3.59m
10	Wen Guo	Holy Cross -	3.54m
11	Aikem Dhanoa	Kingston Sec	3.53m
12	Julia Stevens	Kingston Sec	3.52m
13	Nkechi Ibida	Holy Cross -	3.50m
14	Meghan Moore	Loyalist Cvi	3.45m
15	Carmen Owen	Kingston Sec	3.43m
16	Olivia Ellerton	Bayridge S.S	3.41m
17	Sophie Myers	La Salle SS	3.29m

Women Triple Jump Novice**KASSAA: 11.55m * 2017****Aaliyah Edwards**

	Name	School	Finals
Finals			
1	Peyton Campbell	Frontenac SS	9.89m
2	Ava Van Winckle	Frontenac SS	9.52m
3	Allie Tschakovsky	Regiopolis-N	9.06m
4	Avery Forester	Napanee Dist	9.02m
5	Olivia Ellerton	Bayridge S.S	8.95m
6	Abby Olive	Frontenac SS	8.48m
7	Mae Gillis	Loyalist Cvi	8.10m
8	Evie Valente	Holy Cross -	7.94m
9	Julia Stevens	Kingston Sec	7.92m
10	Carmen Owen	Kingston Sec	7.50m
11	Lucy Lake	Regiopolis-N	J7.50m
12	Tatyanna Martin	La Salle SS	7.35m
---	Meghan Moore	Loyalist Cvi	FOUL

Women Shot Put Novice**KASSAA: 10.50m * 2018****Emily Swaine**

	Name	School	Finals
Finals			
1	Annie Niemann	Holy Cross -	9.86m
2	Nefertari Senis	La Salle SS	9.68m
3	Alliya Derbyshire	Frontenac SS	8.47m
4	Emma Oliveira	Regiopolis-N	8.04m
5	Evangeline Poirier-Deslog	Esc St. MR	6.83m
6	Asha Egan	Frontenac SS	6.82m
7	Addy Fleming	Holy Cross -	6.79m
8	Athena Powell	Ernestown -	6.57m
9	Natalia Hornbeek-Castillo	Napanee Dist	6.20m

Women Discus Throw Novice**KASSAA: 29.37m * 2018****Emily Swaine**

	Name	School	Finals
Finals			
1	Alliya Derbyshire	Frontenac SS	24.68m
2	Annie Niemann	Holy Cross -	23.37m
3	Addy Fleming	Holy Cross -	20.25m
4	Emma Oliveira	Regiopolis-N	19.18m
5	Natalia Hornbeek-Castillo	Napanee Dist	17.02m

6	Athena Powell	Ernestown -	16.81m
7	Reese Canning	Holy Cross -	15.47m

Women Javelin Throw Novice**KASSAA: 31.29m * 2006****Meredith Papps**

	Name	School	Finals
Finals			
1	Addy Fleming	Holy Cross -	28.89m
2	Annie Niemann	Holy Cross -	28.77m
3	Ava Van Winckle	Frontenac SS	25.43m
4	Alliya Derbyshire	Frontenac SS	20.95m
5	Bryn Burgess	Regiopolis-N	17.85m
6	Ella Mason	Holy Cross -	17.72m
7	Alex Fairbairn	Napanee Dist	17.10m
8	Athena Powell	Ernestown -	15.23m
9	Tatyanna Martin	La Salle SS	13.04m
10	Reese Canning	Holy Cross -	11.61m
11	Evangeline Poirier-Deslog	Esc St. MR	7.46m

Women 100 Meter Dash Junior**KASSAA: 12.43 * 2004****Amy Blaser**

	Name	School	Prelims
Preliminaries			
1	Amaya Barrow-McLagan	Kingston Sec	13.42Q
2	Caitlyn Wimmer	Kingston Sec	13.53Q
3	Lauryn Rollins	Holy Cross -	13.73Q
4	Savanna Harrington-Durst	Sydenham HS	13.79Q
5	Marina Playter-Tufts	Kingston Sec	14.02Q
6	Summer Vallier	Regiopolis-N	14.40Q
7	Mila Stos	Kingston Sec	14.04q
8	Ritza Campbell	Holy Cross -	14.07q
9	Jenna Martin	Frontenac SS	14.14
10	Maya Banhidi	Sydenham HS	14.20
11	Vegas Marshall	Regiopolis-N	14.25
12	Celina Parker	Bayridge S.S	14.31
13	Natalie Mulville	Frontenac SS	14.61
14	Lucy Parsons	Sydenham HS	14.74
15	Jordan Sriver	Holy Cross -	15.10
16	Melina Tavares	Holy Cross -	15.20
17	Mathilda Dellman	Frontenac SS	15.37
18	Mia Hackney	Regiopolis-N	15.61
19	Madison Shaw	Loyalist Cvi	16.49
20	Emily Spencer	La Salle SS	16.56
21	Clara Pesquera	Frontenac SS	16.93
22	Kaitlyn Kennedy	La Salle SS	17.47

Women 100 Meter Dash Junior**KASSAA: 12.43 * 2004****Amy Blaser**

	Name	School	Finals
Finals			
1	Caitlyn Wimmer	Kingston Sec	12.87
2	Amaya Barrow-McLagan	Kingston Sec	13.41
3	Savanna Harrington-Durst	Sydenham HS	13.67
4	Lauryn Rollins	Holy Cross -	13.71
5	Marina Playter-Tufts	Kingston Sec	13.90
6	Ritza Campbell	Holy Cross -	13.96

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Finals ... (Women 100 Meter Dash Junior)**

	Name	School	Finals
7	Mila Stos	Kingston Sec	14.08
8	Summer Vallier	Regiopolis-N	14.12

Women 200 Meter Dash Junior**KASSAA: 26.20 * 2010****Taylor Cole**

	Name	School	Prelims
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Preliminaries

1	Caitlyn Wimmer	Kingston Sec	28.11Q
2	Mara Barrow-McLagan	Kingston Sec	28.71Q
3	Ritza Campbell	Holy Cross -	28.98Q
4	Lauryn Rollins	Holy Cross -	28.89Q
5	Savanna Herrington-Durst	Sydenham HS	28.95Q
6	Summer Vallier	Regiopolis-N	29.58Q
7	Vegas Marshall	Regiopolis-N	29.60q
8	Gabby Oleschuk	Kingston Sec	30.02q
9	Sydney English	Sydenham HS	30.17
10	Lucy Parsons	Sydenham HS	30.86
11	Camryn Kearns	Holy Cross -	33.32
12	Kahli Stock	Holy Cross -	34.50
13	Clara Pesquera	Frontenac SS	35.51

Women 200 Meter Dash Junior**KASSAA: 26.20 * 2010****Taylor Cole**

	Name	School	Finals
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Finals

1	Caitlyn Wimmer	Kingston Sec	26.24
2	Mara Barrow-McLagan	Kingston Sec	26.61
3	Savanna Herrington-Durst	Sydenham HS	28.26
4	Lauryn Rollins	Holy Cross -	28.28
5	Ritza Campbell	Holy Cross -	29.05
6	Summer Vallier	Regiopolis-N	29.27
7	Gabby Oleschuk	Kingston Sec	29.38
8	Vegas Marshall	Regiopolis-N	29.77

Women 400 Meter Dash Junior**KASSAA: 59.00 * 2018****Anna Workman**

	Name	School	Finals
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Finals

1	Payton Pitts	Regiopolis-N	1:04.71
2	Gabby Oleschuk	Kingston Sec	1:06.18
3	Jordan Scriver	Holy Cross -	1:06.62
4	Kimberly McDonald	Holy Cross -	1:07.15
5	Natalie Mulville	Frontenac SS	1:08.15
6	Sydney English	Sydenham HS	1:08.30
7	Rachel Howe	Kingston Sec	1:09.93
8	Sofia Frantzeskos	Kingston Sec	1:12.09
9	Mya Wheeler	Holy Cross -	1:13.24
10	Mary Brannigan	Sydenham HS	1:14.83
11	Chiara Ferreira	Kingston Sec	1:19.89
12	Seyi Oluwadare	Holy Cross -	1:24.63

Women 800 Meter Run Junior**KASSAA: 2:17.39 * 2018****Anna Workman**

	Name	School	Finals
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Finals

1	Gabby Stacey	Napanee Dist	2:34.41
2	Payton Pitts	Regiopolis-N	2:41.04
3	Rachel Howe	Kingston Sec	2:42.33
4	Kimberly McDonald	Holy Cross -	2:42.84
5	Sofia Frantzeskos	Kingston Sec	2:46.47
6	Georgia Dickson	Regiopolis-N	2:54.17
7	Maddie Kerr	Kingston Sec	2:55.36
8	Mary Brannigan	Sydenham HS	2:56.08
9	Ana Sofia Escobedo	Holy Cross -	2:56.44
10	Mya Wheeler	Holy Cross -	2:59.24
11	Honour McQuay	Sydenham HS	3:01.59
12	Paige Hardy	Sydenham HS	3:02.05
13	Isla Sanders	Loyalist Cvi	3:02.33

Women 1500 Meter Run Junior**KASSAA: 4:44.98 * 2016****Brogan MacDougall**

	Name	School	Finals
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Finals

1	Gabby Stacey	Napanee Dist	5:07.04
2	Lauren Dawe	Kingston Sec	5:20.94
3	Sofia Frantzeskos	Kingston Sec	5:37.79
4	Maddie Kerr	Kingston Sec	5:38.49
5	Kimberly McDonald	Holy Cross -	5:38.86
6	Georgia Dickson	Regiopolis-N	5:44.72
7	Payton Pitts	Regiopolis-N	5:46.94
8	Ana Sofia Escobedo	Holy Cross -	6:18.68
---	Poppy Miller	Sydenham HS	DNF

Women 3000 Meter Run Junior**KASSAA: 9:53.80 * 2014****Branna MacDougall**

	Name	School	Finals
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Finals

1	Gabby Stacey	Napanee Dist	11:16.99
2	Lauren Dawe	Kingston Sec	11:43.67
3	Rachel Howe	Kingston Sec	12:06.34
4	Maddie Kerr	Kingston Sec	13:37.05

Women 80 Meter Hurdles Junior**KASSAA: 11.90 * 2012****Katie Zohorsky**

	Name	School	Prelims
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Preliminaries

1	Amaya Barrow-McLagan	Kingston Sec	12.91Q
2	Marina Playter-Tufts	Kingston Sec	13.28Q
3	Mara Barrow-McLagan	Kingston Sec	14.04Q
4	Emma Richards	Kingston Sec	14.27Q
5	Viviane Nordrum	Mille-iles	14.39Q
6	Avery Ballance-Hinch	Napanee Dist	15.86Q
7	Annabelle Mastorakos	Loyalist Cvi	14.82q
8	Caylee Blakely	Sydenham HS	14.83q
9	Abigail Thompson	Holy Cross -	16.64
10	Mia Bella Delisser	Holy Cross -	17.56

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15

CaraCo Field

Results

Preliminaries ... (Women 80 Meter Hurdles Junior)			
	Name	School	Prelims
11	Cara Stiles	Holy Cross -	18.85

Women 80 Meter Hurdles Junior

KASSAA: 11.90 * 2012 Katie Zohorsky

	Name	School	Finals
Finals			
1	Amaya Barrow-McLagan	Kingston Sec	12.28
2	Marina Playter-Tufts	Kingston Sec	13.15
3	Mara Barrow-McLagan	Kingston Sec	13.75
4	Emma Richards	Kingston Sec	14.16
5	Annabelle Mastorakos	Loyalist Cvi	14.53
6	Caylee Blakely	Sydenham HS	14.74
7	Viviane Nordrum	Mille-iles	14.76
8	Avery Ballance-Hinch	Napanee Dist	16.92

Women 300 Meter Hurdles Junior

KASSAA: 46.90 * 2006 Catherine Farish

	Name	School	Finals
Finals			
1	Amaya Barrow-McLagan	Kingston Sec	49.55
2	Mara Barrow-McLagan	Kingston Sec	50.70
3	Marina Playter-Tufts	Kingston Sec	50.93
4	Gabby Oleschuk	Kingston Sec	52.55
5	Avery Ballance-Hinch	Napanee Dist	53.36
6	Caylee Blakely	Sydenham HS	54.23
7	Vegas Marshall	Regiopolis-N	55.21
8	Cara Stiles	Holy Cross -	55.38

Women 4x100 Meter Relay Junior

KASSAA: 51.79 * 2018 Frontenac - Kingston

	Team	Relay	Finals
Finals			
1	Kingston Sec		50.40*
2	Sydenham HS		53.90
3	Regiopolis-N		55.13
4	La Salle SS		56.60
---	Holy Cross - Kingston		DQ

Women High Jump Junior

KASSAA: 1.62m * 2008 Portia Ball

	Name	School	Finals
Finals			
1	Maddie Twigg	La Salle SS	1.40m
2	Danica Brownlee	La Salle SS	1.35m
3	Charlotte Smith	Regiopolis-N	J1.35m
4	Abigail Thompson	Holy Cross -	J1.35m
5	Annabelle Mastorakos	Loyalist Cvi	1.30m
---	Amelia Carter	Regiopolis-N	NH

Women Pole Vault Junior

KASSAA: 2.70m * 2024 Leah Covert

	Name	School	Finals
Finals			
1	Kaiah Weese	Napanee Dist	2.85m*
2	Annabelle Mastorakos	Loyalist Cvi	2.15m

3	Emma Richards	Kingston Sec	2.00m
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Women Long Jump Junior

KASSAA: 5.27m * 2015 Amanda Black

	Name	School	Finals
Finals			
1	Maddie Twigg	La Salle SS	4.74m
2	Danica Brownlee	La Salle SS	4.46m
3	Stella Lakins	La Salle SS	4.41m
4	Mikayla Irugnu	Holy Cross -	4.38m
5	Mila Stos	Kingston Sec	4.30m
6	Leah Tanner	Holy Cross -	4.18m
7	Reese Doyle	Holy Cross -	4.14m
8	Mia Hackney	Regiopolis-N	4.02m
9	Jordan Sriver	Holy Cross -	3.89m
10	Jane Bernard	Regiopolis-N	2.99m
11	Lily Light	Napanee Dist	2.91m

Women Triple Jump Junior

KASSAA: 10.99m * 2018 Aaliyah Edwards

	Name	School	Finals
Finals			
1	Mikayla Irugnu	Holy Cross -	9.87m
2	Stella Lakins	La Salle SS	9.84m
3	Maddie Twigg	La Salle SS	9.30m
4	Leah Tanner	Holy Cross -	9.13m
5	Deanna Tanner	Holy Cross -	8.94m

Women Shot Put Junior

KASSAA: 11.48m * 2023 Kiersten Galloway

	Name	School	Finals
Finals			
1	Lily Galloway	Loyalist Cvi	10.75m
2	Reagan Chesney	Kingston Sec	10.24m
3	Alyssa Sills	Bayridge S.S	9.38m
4	Makinleigh Courtney	Holy Cross -	9.18m
5	Quinn Jastak	Bayridge S.S	8.83m
6	Tilly Boilard	Kingston Sec	8.64m
7	Sarah Guigue	Granite Ridg	8.35m
8	Amelia Howes	Granite Ridg	J8.35m
9	Michaela Howse	Napanee Dist	7.99m
10	Abby Lett	Regiopolis-N	7.36m
11	Emily Beach	Holy Cross -	7.14m
12	Isabelle Mason	Holy Cross -	6.76m
13	Isla Faucette	Kingston Sec	6.63m
14	Olivia Joyce	Holy Cross -	6.55m

Women Discus Throw Junior

KASSAA: 32.90m * 2007 Julie Sleeth

	Name	School	Finals
Finals			
1	Makinleigh Courtney	Holy Cross -	25.98m
2	Reagan Chesney	Kingston Sec	25.22m
3	Isla Sanders	Loyalist Cvi	24.72m
4	Sydney Hunter	Holy Cross -	24.43m
5	Lily Galloway	Loyalist Cvi	23.20m

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Finals ... (Women Discus Throw Junior)**

	Name	School	Finals
6	Alyssa Sills	Bayridge S.S	22.25m
7	Gillian Goslin	Sydenham HS	21.22m
8	Olive Girard	Loyalist Cvi	19.88m
9	Quinn Jastak	Bayridge S.S	19.81m
10	Tilly Boilard	Kingston Sec	17.84m
11	Sarah Guigue	Granite Ridg	16.46m
12	Rac Cantarutti	Holy Cross -	15.83m
13	Esme Barfoot	Bayridge S.S	14.33m
14	Olivia Joyce	Holy Cross -	13.33m
15	Isla Faucette	Kingston Sec	12.92m

Women Javelin Throw Junior**KASSAA: 36.18m * 2007****Meredith Papps**

	Name	School	Finals
Finals			
1	Gillian Goslin	Sydenham HS	28.52m
2	Addy Pixley	Frontenac SS	25.22m
3	Maciee Webb	Frontenac SS	24.68m
4	Sydney Hunter	Holy Cross -	24.32m
5	Rac Cantarutti	Holy Cross -	22.52m
6	Claire Blythe	Bayridge S.S	22.19m
7	Mara Burtch-Clapp	Frontenac SS	21.55m
8	Esme Barfoot	Bayridge S.S	20.22m
9	Danica Brownlee	La Salle SS	17.66m
10	Michaela Howse	Napanee Dist	17.29m
11	Reagan Chesney	Kingston Sec	16.85m
12	Amelia Howes	Granite Ridg	15.32m
13	Tilly Boilard	Kingston Sec	13.77m
14	Celeste Merizzi	Esc St. MR	13.51m
15	Isabelle Mason	Holy Cross -	12.71m
16	Sarah Guigue	Granite Ridg	10.90m
17	Maya Ival	Esc St. MR	8.85m
18	Seyi Oluwadare	Holy Cross -	8.79m
19	Jocelyn Tryon	Sydenham HS	8.22m

Women 100 Meter Dash Senior**KASSAA: 11.90 * 2007****Veronica Catry**

	Name	School	Prelims
Preliminaries			
1	Olivia Brassard	Frontenac SS	13.10Q
2	Sadie Lupton	Napanee Dist	13.11Q
3	Emma Fearon	Regiopolis-N	13.63Q
4	Chloe Saunders	Granite Ridg	13.75Q
5	Justine Hands	Regiopolis-N	14.00Q
6	Kaitlyn Tofts	Holy Cross -	14.21Q
7	Tessa Porter	Holy Cross -	14.19q
8	Liv Mortimer	Frontenac SS	14.47q
9	Vanna Nicholson	La Salle SS	14.48
10	Chloe Kim	Sydenham HS	14.49
11	Liz Zyuzin	Regiopolis-N	14.52
12	Kayla Gendron	Frontenac SS	14.53
13	Anika Tornow	Holy Cross -	14.58
14	Jenny Bohne	Sydenham HS	14.60
15	Revaya Brown	Kingston Sec	14.90

16	Charlotte Grace	Regiopolis-N	14.91
16	Sophia Hollett	Holy Cross -	14.91
18	Rachel Hackett	Loyalist Cvi	15.12
19	Lisa Luckas	Sydenham HS	16.63
20	Ellah Goodfriend	La Salle SS	17.79
21	Hailey Olnier	Sydenham HS	18.13

Women 100 Meter Dash Senior**KASSAA: 11.90 * 2007****Veronica Catry**

	Name	School	Finals
Finals			
1	Olivia Brassard	Frontenac SS	13.02
2	Sadie Lupton	Napanee Dist	13.06
3	Chloe Saunders	Granite Ridg	13.43
4	Emma Fearon	Regiopolis-N	13.65
5	Tessa Porter	Holy Cross -	14.01
6	Justine Hands	Regiopolis-N	14.18
7	Kaitlyn Tofts	Holy Cross -	14.19
8	Liv Mortimer	Frontenac SS	14.32

Women 200 Meter Dash Senior**KASSAA: 25.50 * 2001****Kim Laverty**

	Name	School	Prelims
Preliminaries			
1	Olivia Brassard	Frontenac SS	27.35Q
2	Emma Fearon	Regiopolis-N	27.54Q
3	Giselle Cameron	Holy Cross -	27.95Q
4	Ella LeBlanc	Holy Cross -	27.51q
5	Chloe Saunders	Granite Ridg	28.26q
6	Audrey Leveridge	Kingston Sec	28.89q
7	Tessa Porter	Holy Cross -	29.41q
8	Kaitlyn Tofts	Holy Cross -	29.75q
9	Grace Winsor	La Salle SS	29.92
10	Makayla Conley	Frontenac SS	29.96
11	Liz Zyuzin	Regiopolis-N	30.01
12	Revaya Brown	Kingston Sec	30.74
13	Chelsea Ellacott	Frontenac SS	31.55
14	Sofia Tippin	Sydenham HS	32.12
15	Karlee Hickey	Ernestown -	33.06
16	Gabriella Poirier-Desloges	Esc St. MR	34.79
17	Freja Jowett	Kingston Sec	35.68

Women 200 Meter Dash Senior**KASSAA: 25.50 * 2001****Kim Laverty**

	Name	School	Finals
Finals			
1	Olivia Brassard	Frontenac SS	26.77
2	Ella LeBlanc	Holy Cross -	27.33
3	Emma Fearon	Regiopolis-N	27.80
4	Giselle Cameron	Holy Cross -	27.85
5	Audrey Leveridge	Kingston Sec	28.55
6	Chloe Saunders	Granite Ridg	28.96
7	Tessa Porter	Holy Cross -	29.46
8	Kaitlyn Tofts	Holy Cross -	29.82

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Women 400 Meter Dash Senior****KASSAA: 57.70 * 1984****Cheryl Thibedeau**

Name	School	Finals
Finals		
1	Ella LeBlanc	Holy Cross - 59.44
2	Sedona Reade	Sydenham HS 1:04.20
3	Lena Ryan	Regiopolis-N 1:05.41
4	Kayl Vankoughnett	Sydenham HS 1:05.87
5	Emily Vandyke	Holy Cross - 1:10.95
6	Audrey Leveridge	Kingston Sec 1:11.00
7	Rachel Hackett	Loyalist Cvi 1:11.92
8	Sarah O'Gorman	Holy Cross - 1:12.84
9	Chelsea Ellacott	Frontenac SS 1:14.05
10	Rosalee Andal	Kingston Sec 1:15.40
11	Gabriella Poirier-Desloges	Esc St. MR 1:16.56
12	Freja Jowett	Kingston Sec 1:17.87
13	Mercedes Stiles	Holy Cross - 1:19.18
14	Sam Colling	Frontenac SS 1:23.06
15	Maryan Abdikadir	Kingston Sec 1:23.31

Women 800 Meter Run Senior**KASSAA: 2:14.90 * 2014****Heather Jaros**

Name	School	Finals
Finals		
1	Ella LeBlanc	Holy Cross - 2:26.53
2	Reece Leeder	La Salle SS 2:34.48
3	Maddie Willman	Frontenac SS 2:39.32
4	Katie Buchan	Napanee Dist 2:43.87
5	Gabriella Poirier-Desloges	Esc St. MR 2:58.95

Women 1500 Meter Run Senior**KASSAA: 4:36.19 * 2016****Branna MacDougall**

Name	School	Finals
Finals		
1	Athena Andrezyk	Kingston Sec 4:32.07*
2	Maddie Willman	Frontenac SS 5:26.42
3	Reece Leeder	La Salle SS 5:27.09
4	Madison McCauley	Frontenac SS 5:30.10
5	Katie Buchan	Napanee Dist 5:50.70
6	Jocelyn Leeder	La Salle SS 5:54.11
7	Jada Aliberti	Holy Cross - 5:57.08
8	Tara Kennedy	Loyalist Cvi 6:00.89
9	Lauren Munroe	Napanee Dist 6:20.49
10	Lyla MacIsaac	Frontenac SS 6:46.57
11	Sophie Weber	Frontenac SS 6:54.20

Women 3000 Meter Run Senior**KASSAA: 9:57.60 * 1999****Emily Tallen**

Name	School	Finals
Finals		
1	Athena Andrezyk	Kingston Sec 9:46.36*
2	Veronika Matheson	Kingston Sec 13:02.10
3	Jocelyn Leeder	La Salle SS 13:02.55
4	Tara Kennedy	Loyalist Cvi 13:06.50
5	Jada Aliberti	Holy Cross - 13:29.60

6 Elizabeth Creighton Frontenac SS 14:22.44

Women 100 Meter Hurdles Senior**KASSAA: 14.77 * 2017****Claire Millard**

Name	School	Prelims
Preliminaries		
1	Sadie Lupton	Napanee Dist 15.36Q
2	Jamie Hennessy	Sydenham HS 16.58Q
3	Sedona Reade	Sydenham HS 17.10Q
4	Finlay Paul	Napanee Dist 17.31Q
5	Evelyn Moore	Frontenac SS 17.97Q
6	Jordan Snider	Sydenham HS 19.71Q
7	Arianna Phillips	Sydenham HS 19.84q
8	Fiona Brunet	La Salle SS 20.25q
9	Audrey Leveridge	Kingston Sec 21.06
10	Sarah O'Gorman	Holy Cross - 21.48
11	Gracie Coffin	Holy Cross - 23.98

Women 100 Meter Hurdles Senior**KASSAA: 14.77 * 2017****Claire Millard**

Name	School	Finals
Finals		
1	Sadie Lupton	Napanee Dist 15.18
2	Jamie Hennessy	Sydenham HS 16.13
3	Finlay Paul	Napanee Dist 16.83
4	Sedona Reade	Sydenham HS 17.39
5	Evelyn Moore	Frontenac SS 17.83
6	Fiona Brunet	La Salle SS 20.16
7	Arianna Phillips	Sydenham HS 20.49

Women 400 Meter Hurdles Senior**KASSAA: 1:04.90 * 2016****Blaire Dunn**

Name	School	Finals
Finals		
1	Sedona Reade	Sydenham HS 1:09.91
2	Jordan Snider	Sydenham HS 1:14.53
3	Lena Ryan	Regiopolis-N 1:14.75
4	Emily Vandyke	Holy Cross - 1:17.80
5	Vienna Ballance-Hinch	Napanee Dist 1:18.45
6	Fiona Brunet	La Salle SS 1:24.12
7	Sarah O'Gorman	Holy Cross - 1:34.71
8	Mercedes Stiles	Holy Cross - 1:38.66

Women 4x100 Meter Relay Senior**KASSAA: 49.40 * 1993****Loyalist C.V.I.**

Team	Relay	Finals
Finals		
1	Napanee Dist	52.84
2	Frontenac SS	52.99
3	Regiopolis-N	54.19
4	Holy Cross - Kingston	54.22
5	La Salle SS	54.28
6	Kingston Sec	54.34
7	Sydenham HS	55.49

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field
Results****Women High Jump Senior****KASSAA: 1.77m * 1987****Susan Campbell**

	Name	School	Finals
Finals			
1	Liv Cole	Frontenac SS	1.50m
2	Emilienne Chabot	Sydenham HS	J1.50m
3	Rachel Kolosov	Kingston Sec	1.45m
4	Makayla Conley	Frontenac SS	1.40m
5	Liv Mortimer	Frontenac SS	J1.40m
---	Uche Ibida	Holy Cross -	NH
---	Olivia Hobin	Frontenac SS	NH

Women Pole Vault Senior**KASSAA: 2.65m * 2024****Emily Haberer**

	Name	School	Finals
Finals			
1	Alice Southall	Kingston Sec	2.75m*
2	Leah Covert	Frontenac SS	2.60m
3	Sophie Donnan	Napanee Dist	2.45m
4	Grace Borges	Holy Cross -	J2.45m
5	Madison McCauley	Frontenac SS	2.30m

Women Long Jump Senior**KASSAA: 5.40m * 1994****Danielle Froese**

	Name	School	Finals
Finals			
1	Ella Burns	Holy Cross -	4.74m
2	Ashley Woodcock	Holy Cross -	4.70m
3	Audrey Smart	Holy Cross -	4.62m
4	Mia Wang	Kingston Sec	4.49m
5	Chloe Saunders	Granite Ridg	4.47m
6	Brooklyn Shoniker	Holy Cross -	4.40m
7	Makayla Conley	Frontenac SS	4.16m
8	Kayla Gendron	Frontenac SS	4.15m
9	Vanna Nicholson	La Salle SS	3.99m
10	Chloe Kim	Sydenham HS	3.95m
11	Alyssa Kauffman	La Salle SS	3.81m
12	Arianna Phillips	Sydenham HS	3.75m
13	Arushi Dixit	Frontenac SS	3.64m
14	Olivia Hobin	Frontenac SS	3.39m

Women Triple Jump Senior**KASSAA: 11.07m * 2017****Claire Millard**

	Name	School	Finals
Finals			
1	Ashley Woodcock	Holy Cross -	10.09m
2	Mia Wang	Kingston Sec	9.88m
3	Audrey Smart	Holy Cross -	9.75m
4	Brooklyn Shoniker	Holy Cross -	9.56m
5	Vanna Nicholson	La Salle SS	9.51m
6	Ella Burns	Holy Cross -	9.38m
7	Carolyn McMullen	Loyalist Cvi	8.98m
8	Arianna Phillips	Sydenham HS	8.42m
9	Alyssa Kauffman	La Salle SS	7.96m
10	Arushi Dixit	Frontenac SS	7.49m

Women Shot Put Senior**KASSAA: 13.22m * 1998****Nicole Clarke**

	Name	School	Finals
Finals			
1	Kiersten Galloway	Loyalist Cvi	10.15m
2	Uche Ibida	Holy Cross -	8.71m
3	Marianne Scully	Holy Cross -	7.99m
4	Emily Taylor	Kingston Sec	7.02m
5	Cassie Brown	Kingston Sec	6.98m
6	Molly Proulx	Holy Cross -	5.79m
7	Immaculate Anzoa	Regiopoli-N	5.67m
8	Rosalia Agra	Sydenham HS	5.58m
9	Marissa Bullock	Holy Cross -	5.21m

Women Discus Throw Senior**KASSAA: 41.40m * 1998****Erin Sepic**

	Name	School	Finals
Finals			
1	Kailee Matthey	Holy Cross -	28.89m
2	Marianne Scully	Holy Cross -	26.89m
3	Kiersten Galloway	Loyalist Cvi	24.06m
4	Avalyn Derbyshire	Frontenac SS	22.98m
5	Nataleigh Jocko	Holy Cross -	20.75m
6	Annie McLeod	Frontenac SS	20.68m
7	Leah Covert	Frontenac SS	19.56m
8	Gracie Coffin	Holy Cross -	17.89m
9	Emily Taylor	Kingston Sec	17.00m
10	Sierra Carroll	Loyalist Cvi	14.51m
11	Rosalia Agra	Sydenham HS	13.62m
12	Lisa Luckas	Sydenham HS	11.09m

Women Javelin Throw Senior**KASSAA: 38.41m * 2010****Ashley Widmont**

	Name	School	Finals
Finals			
1	Leah Covert	Frontenac SS	30.93m
2	Kailee Matthey	Holy Cross -	30.54m
3	Kayla Gendron	Frontenac SS	26.30m
4	Derilana Labrie	Frontenac SS	25.44m
5	Avery Sabramsky	Holy Cross -	23.90m
6	Abby Kelsey	Napanee Dist	23.59m
7	Rachel Kolosov	Kingston Sec	22.87m
8	Avalyn Derbyshire	Frontenac SS	21.36m
9	Emily Taylor	Kingston Sec	17.19m
10	Arianna Ramos	Holy Cross -	16.60m
11	Vania Baldwin-Salazar	Holy Cross -	16.48m
12	Lisa Luckas	Sydenham HS	9.83m
13	Rosalia Agra	Sydenham HS	7.61m

Women 2000 Meter Steeplechase Open**KASSAA: 7:45.74 * 2019****Mackenzie Campbell**

	Name	School	Finals
Finals			
1	Piper Ballance	Napanee Dist	8:05.28
2	Kaiah Weese	Napanee Dist	8:08.88

Finals ... (Women 2000 Meter Steeplechase Open)			
Name	School	Finals	
3	Madison McCauley	Frontenac SS	8:45.13
4	Jada Aliberti	Holy Cross -	8:57.64
5	Nora Young	Holy Cross -	9:00.17
6	Elizabeth Creighton	Frontenac SS	9:23.77

Women 4x400 Meter Relay Open			
KASSAA: 4:08.60 * 1992		Loyalist C.V.I.	
Team	Relay	Finals	

Finals			
1	Sydenham HS		4:18.79
2	Napanee Dist		4:20.17
3	Kingston Sec		4:26.40
4	La Salle SS		4:28.52
5	Holy Cross - Kingston		4:28.57
6	Regiopolis-N		4:34.65
7	Frontenac SS		4:56.53

Women 100 Meter Dash Ambulatory			
KASSAA: 16.40 * 2015		Shirley Hughes-Ryan	
Name	School	Finals	

Finals			
1	Clara Murray	Napanee Dist	23.42
2	Harley Moon	Napanee Dist	26.45
3	Izzy Illas-Lamarche	Ernestown -	27.30

Women 800 Meter Run Ambulatory			
KASSAA: 3:47.09 * 2017		Shirley Hughes	
Name	School	Finals	

Finals			
1	Clara Murray	Napanee Dist	4:33.47
2	Claire Simmers	Kingston Sec	5:16.85
3	Harley Moon	Napanee Dist	5:37.60

Women Long Jump Standing Ambulatory			
Name	School	Finals	
Finals			
1	Claire Simmers	Kingston Sec	0.96m

Women Shot Put Ambulatory			
Name	School	Finals	
Finals			
1	Harley Moon	Napanee Dist	4.10m
2	Clara Murray	Napanee Dist	3.67m
3	Claire Simmers	Kingston Sec	2.45m

Women 100 Meter Dash ID			
KASSAA: 15.30 * 2018		Brianna Clow	
Name	School	Finals	

Finals			
1	Lucy Farmer	Bayridge S.S	15.96
2	Emma Forbes-Messenger	Napanee Dist	17.38
3	Lily Light	Napanee Dist	17.93
4	Gemma Carruthers	Frontenac SS	18.99
5	Ivy Lian	Holy Cross -	22.66
6	Autumn Anselm	Frontenac SS	23.06

7	Rachel Chiles	Napanee Dist	25.71
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Women 800 Meter Run ID			
KASSAA: 3:09.91 * 2019		Paige Heffernan	
Name	School	Finals	

Finals			
1	Lucy Farmer	Bayridge S.S	3:28.92
2	Mickey Legaultwalsh	La Salle SS	3:50.60
3	Peggy Hamilton	La Salle SS	3:57.35
4	Kiera Norris	La Salle SS	5:59.67

Women Long Jump Standing ID			
Name	School	Finals	
Finals			
1	Emma Forbes-Messenger	Napanee Dist	1.80m
2	Peggy Hamilton	La Salle SS	1.53m
3	Mickey Legaultwalsh	La Salle SS	1.49m
4	Gemma Carruthers	Frontenac SS	1.41m
5	Tyleste Starke	Napanee Dist	1.33m
6	Trinity Fulton	Kingston Sec	1.19m
7	Autumn Anselm	Frontenac SS	1.13m
8	Kiera Norris	La Salle SS	1.03m
9	Rachel Chiles	Napanee Dist	0.85m

Women Shot Put ID			
KASSAA: 7.33m * 2024-05-16		Sierra Carroll	
Name	School	Finals	

Finals			
1	Paige Van Koughnett	Holy Cross -	7.85m*
2	Sierra Carroll	Loyalist Cvi	7.77m*
3	Tyleste Starke	Napanee Dist	5.97m
4	Kiera Norris	La Salle SS	5.62m
5	Emma Forbes-Messenger	Napanee Dist	5.20m
6	Autumn Anselm	Frontenac SS	4.91m
7	Rachel Chiles	Napanee Dist	4.50m
8	Mickey Legaultwalsh	La Salle SS	4.32m
9	Gemma Carruthers	Frontenac SS	4.29m
10	Trinity Fulton	Kingston Sec	4.14m
11	Peggy Hamilton	La Salle SS	4.11m

Men 100 Meter Dash Novice			
KASSAA: 11.10 * 2015		Cole Horsman	
Name	School	Prelims	

Preliminaries			
1	Riley Topping	Frontenac SS	11.84Q
2	Aarav Bahuguna	Holy Cross -	12.49Q
3	Warren Cook	Kingston Sec	12.57Q
4	Freddy Warren	Kingston Sec	12.46Q
5	Noah Du Prey	Esc St. MR	12.76Q
6	Adam Yang	Frontenac SS	12.86Q
7	Oghosa Egbon	Holy Cross -	12.64q
8	Ethan Layne	Holy Cross -	12.86q
9	Chase Chidgey	Frontenac SS	12.92
10	Ryder Smith	Kingston Sec	13.02
11	Liam Snider	Holy Cross -	13.08
12	Evan Hole	Sydenham HS	13.13

KASSAA 2025 Track & Field Championship - 2025-05-14 to 2025-05-15**CaraCo Field****Results****Preliminaries ... (Men 100 Meter Dash Novice)**

Name	School	Prelims
13 Justin Boucher	Regiopolis-N	13.21
14 Tyson Geenevasen	Sydenham HS	13.45
15 Reid George	Sydenham HS	13.48
16 A.J. Farley	Napanee Dist	14.05
17 Andrew Sheppard	Sydenham HS	14.42
18 Bardia Shalchian	Frontenac SS	15.58

Men 100 Meter Dash Novice**KASSAA: 11.10 * 2015****Cole Horsman**

Name	School	Finals
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Finals

1 Riley Topping	Frontenac SS	11.87
2 Aarav Bahuguna	Holy Cross -	12.25
3 Freddy Warren	Kingston Sec	12.32
4 Noah Du Prey	Esc St. MR	12.45
5 Warren Cook	Kingston Sec	12.63
6 Oghosa Egbon	Holy Cross -	12.70
7 Adam Yang	Frontenac SS	12.80
8 Ethan Layne	Holy Cross -	12.88

Men 200 Meter Dash Novice**KASSAA: 23.10 * 2015****Cole Horsman**

Name	School	Prelims
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Preliminaries

1 Riley Topping	Frontenac SS	24.86Q
2 Freddy Warren	Kingston Sec	25.74Q
3 Aarav Bahuguna	Holy Cross -	25.36Q
4 Caden Chanook	Kingston Sec	26.87Q
5 Warren Cook	Kingston Sec	25.46Q
6 Justin Boucher	Regiopolis-N	27.14Q
7 Darian Martin	Holy Cross -	27.64q
8 Ashwin Rouse	Loyalist Cvi	28.15q
9 Daniel Meda	Regiopolis-N	28.60
10 A.J. Farley	Napanee Dist	29.46

Men 200 Meter Dash Novice**KASSAA: 23.10 * 2015****Cole Horsman**

Name	School	Finals
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Finals

1 Riley Topping	Frontenac SS	24.21
2 Warren Cook	Kingston Sec	24.93
3 Aarav Bahuguna	Holy Cross -	24.95
4 Freddy Warren	Kingston Sec	25.20
5 Justin Boucher	Regiopolis-N	26.49
6 Caden Chanook	Kingston Sec	26.72
7 Darian Martin	Holy Cross -	26.87

Men 400 Meter Dash Novice**KASSAA: 54.00 * 2015****Max Taylor**

Name	School	Finals
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Finals

1 Caden Chanook	Kingston Sec	57.78
2 Colin Ianni	Holy Cross -	57.91
3 Wyatt Johnson	Loyalist Cvi	1:00.57

4 Daniel Meda	Regiopolis-N	1:01.51
5 Maximilian Burnett	Mille-iles	1:03.53
6 Rod Pimental	Holy Cross -	1:04.85
7 Jack Lyons	Granite Ridg	1:16.36

Men 800 Meter Run Novice**KASSAA: 2:05.84 * 2023****Jack Gregory**

Name	School	Finals
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Finals

1 Colin Ianni	Holy Cross -	2:20.88
2 Brayden Card	Napanee Dist	2:21.76
3 Hayden Runions	Kingston Sec	2:25.79
4 Cameron Aikens	Frontenac SS	2:31.39
5 Ramin Faraz	Kingston Sec	2:31.65
6 Findley Hurry	Mille-iles	2:31.67
7 Maximilian Burnett	Mille-iles	2:34.83
8 Jack Wordley	Kingston Sec	2:35.21
9 Keith Kerr	Sydenham HS	2:38.82
10 Rod Pimental	Holy Cross -	2:41.25
11 Daniel Meda	Regiopolis-N	2:42.96
12 Jack Kuhnke	Sydenham HS	2:43.47
13 Henry Ormsbee	Kingston Sec	2:43.73
14 Aiden Thompson	Regiopolis-N	2:47.59
15 Zicen Xu	Holy Cross -	2:50.84
16 Chingis Juarez-Myadagsai	Frontenac SS	2:54.46
17 Jack Lyons	Granite Ridg	3:00.09

Men 1500 Meter Run Novice**KASSAA: 4:18.18 * 2023****Jack Gregory**

Name	School	Finals
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Finals

1 Colin Ianni	Holy Cross -	4:46.17
2 Brayden Card	Napanee Dist	4:48.32
3 Hayden Runions	Kingston Sec	4:49.30
4 Ben Webster	Holy Cross -	4:51.15
5 Jack Wordley	Kingston Sec	5:11.73
6 Wesley Smith	Holy Cross -	5:12.69
7 Ramin Faraz	Kingston Sec	5:16.40
8 Cameron Aikens	Frontenac SS	5:17.25
9 Jack Kuhnke	Sydenham HS	5:21.39
10 Victor Aliberti	Holy Cross -	5:22.92
11 Aiden Thompson	Regiopolis-N	5:25.71
12 Alexander Todd	Loyalist Cvi	5:34.18
13 Henry Ormsbee	Kingston Sec	5:41.13
14 Jack Lyons	Granite Ridg	7:13.21

Men 3000 Meter Run Novice**KASSAA: 9:26.18 * 2023****Jack Gregory**

Name	School	Finals
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Finals

1 Hayden Runions	Kingston Sec	10:35.03
2 Rowan Pearce	Holy Cross -	11:03.71
3 Jack Wordley	Kingston Sec	11:12.77
4 Wesley Smith	Holy Cross -	11:26.41
5 Jack Kuhnke	Sydenham HS	11:26.47
6 Alexander Todd	Loyalist Cvi	11:56.37

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Finals ... (Men 3000 Meter Run Novice)			
Name	School	Finals	
7 Aiden Thompson	Regiopolis-N	11:56.69	
8 Zicen Xu	Holy Cross -	12:42.77	
9 Peter Hanlon	Holy Cross -	14:42.67	

Men 100 Meter Hurdles Novice			
KASSAA:	14.90 * 2015	Liam Sands	
KASSAA 2:	14.90 + 2012	Brodie Latimer	
Name	School	Finals	

Finals			
1 Oghosa Egbon	Holy Cross -	16.21	
2 Brayden Card	Napaneer Dist	17.40	
3 Matthew Edmunds	Bayridge S.S	20.15	

Men 300 Meter Hurdles Novice			
KASSAA:	42.74 * 2019	Caleb Podgers	
Name	School	Finals	

Finals			
1 Brady McKercher	Sydenham HS	49.36	
2 Rowan Pearce	Holy Cross -	50.68	
3 Matthew Edmunds	Bayridge S.S	55.05	

Men 4x100 Meter Relay Novice			
KASSAA:	47.60 * 2008	Sydenham H.S.	
Team	Relay	Finals	

Finals			
1 Holy Cross - Kingston		47.65	
2 Frontenac SS		47.71	
3 Kingston Sec		48.52	
4 Sydenham HS		52.48	

Men High Jump Novice			
KASSAA:	1.76m * 2007	Matt McEathron	
Name	School	Finals	

Finals			
1 Freddy Warren	Kingston Sec	1.55m	
1 Prince Lynch	Frontenac SS	1.55m	
3 Aiden Pizzacalla	Bayridge S.S	1.40m	
4 Andrew Sheppard	Sydenham HS	1.30m	

Men Pole Vault Novice			
KASSAA:	2.70m * 2023	Micah James	
Name	School	Finals	

Finals			
1 Evan Stratis	Kingston Sec	1.70m	

Men Long Jump Novice			
KASSAA:	5.82m * 2019	Brennan Finucane	
Name	School	Finals	

Finals			
1 Jacob Bell	La Salle SS	5.25m	
2 Ben Webster	Holy Cross -	5.23m	
3 Aarav Bahuguna	Holy Cross -	5.16m	
4 Brendan Lanigan	Regiopolis-N	5.05m	
5 Wesley Brennan	Bayridge S.S	J5.05m	
6 Evan Hole	Sydenham HS	4.85m	

7 Aiden Pizzacalla	Bayridge S.S	4.71m	
8 Reid George	Sydenham HS	4.56m	
9 Tyson Geenevasen	Sydenham HS	4.25m	
10 Kaden John	Frontenac SS	4.24m	
11 Owen Jenkins	Bayridge S.S	4.00m	
12 Zicen Xu	Holy Cross -	3.99m	
13 Ben Duggan	Loyalist Cvi	3.87m	
14 Quinn Hook	Sydenham HS	3.84m	
15 J.J. Stotz	Esc St. MR	3.74m	
16 Peter Hanlon	Holy Cross -	3.52m	
17 Lucas Spencer	Frontenac SS	2.80m	

Men Triple Jump Novice			
KASSAA:	12.01m * 2016	MooEh Doe	
Name	School	Finals	

Finals			
1 Ben Webster	Holy Cross -	11.37m	
2 Brendan Lanigan	Regiopolis-N	11.28m	
3 Jacob Bell	La Salle SS	10.94m	
4 Ethan Layne	Holy Cross -	10.76m	
5 Rowan Pearce	Holy Cross -	10.73m	
6 Evan Hole	Sydenham HS	10.54m	
7 J.J. Stotz	Esc St. MR	9.87m	
8 Peter Hanlon	Holy Cross -	7.64m	

Men Shot Put Novice			
KASSAA:	15.23m * 2008	Gavin Davis-Young	
Name	School	Finals	

Finals			
1 Chase Chidgey	Frontenac SS	10.66m	
2 Reid George	Sydenham HS	10.51m	
3 Linkin Martin	Holy Cross -	10.18m	
4 Darian Martin	Holy Cross -	9.76m	
5 Reid Tooley	Granite Ridg	9.75m	
6 Colby Ott	Frontenac SS	9.37m	
7 Chingis Juarez-Myadagsai	Frontenac SS	9.02m	
8 Jackson Koppany	Frontenac SS	8.97m	
9 Ethan Sabramsky	Holy Cross -	8.94m	
10 Liam Snider	Holy Cross -	8.33m	
11 Quinn Hook	Sydenham HS	7.21m	
12 Nicholas Thorne	Regiopolis-N	5.04m	

Men Discus Throw Novice			
KASSAA:	40.70m * 2024	Trenton Raftis-Munroe	
Name	School	Finals	

Finals			
1 Keith Kerr	Sydenham HS	29.67m	
2 Reid Tooley	Granite Ridg	26.72m	
3 Linkin Martin	Holy Cross -	23.23m	
4 Chingis Juarez-Myadagsai	Frontenac SS	21.66m	
5 Quinn Hook	Sydenham HS	19.49m	
6 Nicholas Thorne	Regiopolis-N	18.15m	
7 Ethan Sabramsky	Holy Cross -	17.26m	

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Men Javelin Throw Novice

KASSAA: 51.52m * 2012		Ben Cross	
Name		School	Finals
Finals			
1	Wesley Brennan	Bayridge S.S	37.94m
2	Brendan Lanigan	Regiopolis-N	37.59m
3	Linkin Martin	Holy Cross -	33.41m
4	Keith Kerr	Sydenham HS	28.10m
5	Michael Benoit	Granite Ridg	26.33m
6	Owen Jenkins	Bayridge S.S	24.52m
7	Ethan Sabramsky	Holy Cross -	19.67m
8	J.J. Stotz	Esc St. MR	13.72m

Men 100 Meter Dash Junior

KASSAA: 10.90 * 2007		Jason Steels	
Name		School	Prelims
Preliminaries			
1	Nicholas Do Canto	Holy Cross -	11.67Q
2	Noah Heliopoulos	Loyalist Cvi	12.08Q
3	Brady Gendron	Frontenac SS	12.42Q
4	Quentin Kerr	Frontenac SS	12.12Q
5	Bilal Campbell	Regiopolis-N	12.55Q
6	Landon Mackey	Holy Cross -	12.65Q
7	Jase Soares	Holy Cross -	12.75q
8	Jack Doyle	Kingston Sec	12.85q
9	Jared Blair	Bayridge S.S	13.13
10	Gavin Heaney	Holy Cross -	13.13
11	Ben Pfleeger	Esc St. MR	13.20
12	Kenton Meldrum	Bayridge S.S	13.51
13	Luc Landis	Esc St. MR	13.54
14	Dylan Desgagne	Bayridge S.S	13.57
15	Rowan Dombroskie	Napanee Dist	14.02

Men 100 Meter Dash Junior

KASSAA: 10.90 * 2007		Jason Steels	
Name		School	Finals
Finals			
1	Nicholas Do Canto	Holy Cross -	11.53
2	Noah Heliopoulos	Loyalist Cvi	11.89
3	Quentin Kerr	Frontenac SS	12.15
4	Bilal Campbell	Regiopolis-N	12.25
5	Landon Mackey	Holy Cross -	12.61
6	Jase Soares	Holy Cross -	12.66
7	Jack Doyle	Kingston Sec	12.94

Men 200 Meter Dash Junior

KASSAA: 22.69 * 2024		Wyatt Lee	
Name		School	Prelims
Preliminaries			
1	Nicholas Do Canto	Holy Cross -	24.32Q
2	Quentin Kerr	Frontenac SS	25.21Q
3	Noah Heliopoulos	Loyalist Cvi	24.78Q
4	Harrison Benn	Holy Cross -	26.05Q
5	Brady Gendron	Frontenac SS	25.64Q
6	Landon Mackey	Holy Cross -	26.40Q

7	Jase Soares	Holy Cross -	26.61q
8	Cole Rowat	Sydenham HS	26.83q
9	Brayden Thompson	Sydenham HS	27.04
10	Bryson Hedley	Kingston Sec	27.07
11	Dylan Desgagne	Bayridge S.S	28.10
12	Khartem Cusick	Esc St. MR	28.64
13	Rowan Dombroskie	Napanee Dist	28.87

Men 200 Meter Dash Junior

KASSAA: 22.69 * 2024		Wyatt Lee	
Name		School	Finals
Finals			
1	Nicholas Do Canto	Holy Cross -	23.46
2	Noah Heliopoulos	Loyalist Cvi	24.10
3	Quentin Kerr	Frontenac SS	24.70
4	Brady Gendron	Frontenac SS	24.87
5	Harrison Benn	Holy Cross -	25.45
6	Landon Mackey	Holy Cross -	25.86

Men 400 Meter Dash Junior

KASSAA: 51.48 * 2016		Max Taylor	
Name		School	Finals
Finals			
1	Kjell Bayne	Regiopolis-N	53.70
2	Alec Ritchie	Kingston Sec	55.55
3	Harrison Benn	Holy Cross -	57.24
4	Jaime Deak	Holy Cross -	58.91
5	Jared Hoag	Sydenham HS	59.99
6	Brinnan Abrokwah	Holy Cross -	1:00.09
7	Carter Prophet	Holy Cross -	1:01.00
8	Bryson Hedley	Kingston Sec	1:01.73
9	Tristan Keating	Esc St. MR	1:01.74
10	Lucas Krol	Frontenac SS	1:02.00
11	Khartem Cusick	Esc St. MR	1:02.87
12	Ethan Kurylowick	Kingston Sec	1:06.22
13	Alex Gill	Granite Ridg	1:08.26

Men 800 Meter Run Junior

KASSAA: 2:02.49 * 2016		Konnor Weston	
Name		School	Finals
Finals			
1	Kjell Bayne	Regiopolis-N	2:19.68
2	Sullivan Ivens	Kingston Sec	2:21.69
3	Nate Stacey	Napanee Dist	2:24.51
4	Beni Selva	Bayridge S.S	2:25.19
5	Brinnan Abrokwhah	Holy Cross -	2:25.95
6	Jacob Hu	Kingston Sec	2:28.24
7	Carter Prophet	Holy Cross -	2:29.32
8	Dylan McCreary	Holy Cross -	2:36.86
9	Francis Murakami-Wood	Kingston Sec	2:44.94
10	Ethan Kurylowick	Kingston Sec	2:49.27

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Men 1500 Meter Run Junior

KASSAA: 4:08.99 * 2024

Jack Gregory

Name	School	Finals
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Finals

1	Sullivan Ivens	Kingston Sec	4:34.85
2	Nate Stacey	Napanee Dist	4:39.87
3	Dylan Sutton	Frontenac SS	4:51.07
4	Eric Dart	Holy Cross -	5:05.81
5	Coppens Hunter	Holy Cross -	5:39.80
6	Alex Gill	Granite Ridg	6:03.23
7	Dylan McCreary	Holy Cross -	6:10.75

Men 3000 Meter Run Junior

KASSAA: 9:16.00 * 2007

Alexander Hinton

Name	School	Finals
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Finals

1	Nate Stacey	Napanee Dist	9:58.27
2	Sullivan Ivens	Kingston Sec	9:58.29
3	Dylan Sutton	Frontenac SS	10:51.17
4	Eric Dart	Holy Cross -	10:54.17
5	Francis Murakami-Wood	Kingston Sec	11:55.41
6	Coppens Hunter	Holy Cross -	12:22.96

Men 100 Meter Hurdles Junior

KASSAA: 14.20 * 2015

Merik Wilcock

Name	School	Finals
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Finals

1	Jack Doyle	Kingston Sec	16.30
2	Josh Baldwin	Sydenham HS	16.38
3	Garrett Pipe	Sydenham HS	17.19
4	Lucas Campbell	Holy Cross -	17.58
5	Andrew Pennell	Kingston Sec	18.60
6	Jesse-James Darache	Esc St. MR	19.72
7	Ben Pfleeger	Esc St. MR	19.86
8	Luc Landis	Esc St. MR	32.35

Men 300 Meter Hurdles Junior

KASSAA: 41.50 * 2006

Dave McGinn

Name	School	Finals
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Finals

1	Garrett Pipe	Sydenham HS	43.67
2	Alec Ritchie	Kingston Sec	44.12
3	Jack Doyle	Kingston Sec	45.08
4	Josh Baldwin	Sydenham HS	45.53
5	Lucas Campbell	Holy Cross -	46.81
6	Andrew Pennell	Kingston Sec	48.57
7	Darren Fernandes	Holy Cross -	48.98
8	Jared Hoag	Sydenham HS	49.50

Men 4x100 Meter Relay Junior

KASSAA: 46.30 * 2008

Sydenham H.S.

Team	Relay	Finals
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Finals

1	Holy Cross - Kingston	46.94
2	Kingston Sec	48.07
3	Sydenham HS	48.12

4	Regiopolis-N	48.27
5	Frontenac SS	48.99
6	Esc St. MR	51.42
7	Bayridge S.S	51.47

Men High Jump Junior

KASSAA: 1.85m * 2016

Michael Rowsell

KASSAA 2: 1.85m + 2004

Tom Hughes

Name	School	Finals
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Finals

1	Jackson Mosher	Granite Ridg	1.70m
2	Liam Heiden	Loyalist Cvi	J1.70m
3	Joord Blasko	Kingston Sec	1.65m
4	Noah Hungler	Frontenac SS	1.60m
5	Ethan Leggett	Holy Cross -	J1.60m
6	Noah Douglas	Holy Cross -	1.55m
7	Darren Fernandes	Holy Cross -	1.40m
8	Nate Sparks	Bayridge S.S	1.35m
---	Vaughan Woodman	Holy Cross -	NH

Men Pole Vault Junior

KASSAA: 3.12m * 2023

Ben Strand

Name	School	Finals
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Finals

1	Alec Ritchie	Kingston Sec	2.70m
2	Matteo Jones	Sydenham HS	2.30m

Men Long Jump Junior

KASSAA: 6.59m * 2004

David Jones

Name	School	Finals
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Finals

1	Luqmaan Brewster	Kingston Sec	6.07m
2	Mika Beaulieu	Frontenac SS	5.40m
3	Bruce Landry	La Salle SS	5.31m
4	Joord Blasko	Kingston Sec	5.20m
5	Diego Asuncion	Esc St. MR	5.11m
6	Jackson Carter	Regiopolis-N	5.06m
7	Myles Radcliffe	Sydenham HS	4.91m
8	Ethan Leggett	Holy Cross -	4.81m
9	Nicholas Bodog	Esc St. MR	J4.81m
10	Cole Rowat	Sydenham HS	4.54m
11	Brayden Thompson	Sydenham HS	4.47m
12	Nate Sparks	Bayridge S.S	4.36m
13	Luc Landis	Esc St. MR	4.15m
14	Patrick Chevette	Esc St. MR	3.88m

Men Triple Jump Junior

KASSAA: 12.93m * 2004

David Jones

Name	School	Finals
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Finals

1	Luqmaan Brewster	Kingston Sec	12.57m
2	Mika Beaulieu	Frontenac SS	11.49m
3	Noah Hungler	Frontenac SS	11.26m
4	Bruce Landry	La Salle SS	10.89m
5	Darren Fernandes	Holy Cross -	10.38m
6	Jj Peck	Sydenham HS	10.22m

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	Name	School	Finals
7	Adam Watts	Sydenham HS	10.04m
8	Andrew Pennell	Kingston Sec	9.52m

Men Shot Put Junior**KASSAA: 15.88m * 2017****Zach Deir**

	Name	School	Finals
Finals			
1	Trenton Raftis-Munroe	Holy Cross -	14.16m
2	Landon Middleton	Ernestown -	13.51m
3	Declan Cowan	Frontenac SS	13.31m
4	Noah Lalande	Frontenac SS	12.15m
5	Jase Soares	Holy Cross -	11.39m
6	Jesse-James Darache	Esc St. MR	11.29m
7	Landon Mackey	Holy Cross -	11.09m
8	Vaughan Woodman	Holy Cross -	10.89m
9	Gavin Christie	La Salle SS	10.65m
10	Rambo Julian	Esc St. MR	9.45m
11	Jayden Gow-Munroe	Loyalist Cvi	9.32m
12	Patrick Chevette	Esc St. MR	8.53m
13	Ryder Saber	Regiopolis-N	8.46m
14	Ethan Bonaparte	Frontenac SS	7.91m

Men Discus Throw Junior**KASSAA: 49.11m * 2010****Brandon Deslauriers**

	Name	School	Finals
Finals			
1	Declan Cowan	Frontenac SS	47.26m
2	Trenton Raftis-Munroe	Holy Cross -	47.06m
3	Jayden Gow-Munroe	Loyalist Cvi	35.56m
4	Landon Middleton	Ernestown -	35.23m
5	Gavin Christie	La Salle SS	33.12m
6	Jesse-James Darache	Esc St. MR	32.97m
7	Remy Dubois	Esc St. MR	31.09m
8	Rambo Julian	Esc St. MR	30.80m
9	Ryder Stewart	Holy Cross -	28.19m
10	Vaughan Woodman	Holy Cross -	28.14m
11	Jared Hoag	Sydenham HS	27.46m
12	Olivier Roy	Esc St. MR	25.76m
13	Grayson Ossinger	Holy Cross -	24.93m
14	Noah Lalande	Frontenac SS	23.62m
---	Ryder Saber	Regiopolis-N	FOUL

Men Javelin Throw Junior**KASSAA: 48.85m * 2008****Aaron Gazendam**

	Name	School	Finals
Finals			
1	Declan Cowan	Frontenac SS	44.97m
2	Diego Asuncion	Esc St. MR	41.28m
3	Noah Douglas	Holy Cross -	35.09m
4	Lucas Krol	Frontenac SS	33.23m
5	Grayson Ossinger	Holy Cross -	30.45m
6	Jared Blair	Bayridge S.S	29.84m
7	Dylan Desgagne	Bayridge S.S	29.44m
8	Remy Dubois	Esc St. MR	25.99m

9	Tennyson Brown	Esc St. MR	25.40m
10	Ryder Stewart	Holy Cross -	23.56m
11	Jj Peck	Sydenham HS	23.07m
12	Gavin Pakenham	La Salle SS	22.59m
13	Ryder Saber	Regiopolis-N	21.11m
14	Jesse Sulpher	Esc St. MR	20.27m

Men 100 Meter Dash Senior**KASSAA: 10.60 * 2012****Wade Embury**

	Name	School	Prelims
Preliminaries			
1	Wyatt Lee	Frontenac SS	10.79Q
2	Diego Vargas	Bayridge S.S	11.57Q
3	Taye Wiwchar	Regiopolis-N	11.61Q
4	Ian Sheppard	Sydenham HS	11.88Q
5	Noah Borges	Holy Cross -	11.72q
6	Daniel Fitzgerald	Frontenac SS	11.79q
7	Isaaco Poletinni	Kingston Sec	11.79q
8	Briar Dickson	Sydenham HS	11.86q
9	Ryan Aldridge	La Salle SS	11.94
10	Andrew Young	Holy Cross -	11.96
11	Ben Strand	Kingston Sec	11.99
12	Sam Eshun	Frontenac SS	12.05
13	Nathan Kashira	Kingston Sec	12.09
14	Will Hunt	Holy Cross -	12.17
15	Will Duff	La Salle SS	12.19
16	Tristan Messenger	Bayridge S.S	12.30
17	Thomas Boyd	Frontenac SS	12.39
18	Miguel Larios	Bayridge S.S	12.51
19	Abdel Elshrief	Loyalist Cvi	12.53
20	Thomas Fillion	Kingston Sec	12.53
21	Braeden Medd	Regiopolis-N	12.64
22	Mattia Corbella	La Salle SS	12.86
23	Andrew Burke	Bayridge S.S	12.99
24	Reed Mastorakos	Loyalist Cvi	13.74
25	Takoda Lepage	Esc St. MR	14.00

Men 100 Meter Dash Senior**KASSAA: 10.60 * 2012****Wade Embury**

	Name	School	Finals
Finals			
1	Wyatt Lee	Frontenac SS	10.65
2	Diego Vargas	Bayridge S.S	11.30
3	Taye Wiwchar	Regiopolis-N	11.49
4	Isaaco Poletinni	Kingston Sec	11.52
5	Noah Borges	Holy Cross -	11.52
6	Ian Sheppard	Sydenham HS	11.61
7	Daniel Fitzgerald	Frontenac SS	11.66
8	Briar Dickson	Sydenham HS	11.74

Men 200 Meter Dash Senior**KASSAA: 22.05 * 2024****James Compeau**

	Name	School	Prelims
Preliminaries			
1	Wyatt Lee	Frontenac SS	22.50Q
2	Noah Borges	Holy Cross -	23.68Q

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Preliminaries ... (Men 200 Meter Dash Senior)			
Name		School	Prelims
3	Taye Wiwchar	Regiopolis-N	23.74Q
4	Diego Vargas	Bayridge S.S	23.46Q
5	Isaaco Poletinni	Kingston Sec	24.05Q
6	Briar Dickson	Sydenham HS	24.21Q
7	Ian Sheppard	Sydenham HS	24.14q
8	Andrew Young	Holy Cross -	24.18q
9	Quinn Saganowich	Holy Cross -	24.21
10	Brian Black	Sydenham HS	24.24
11	Asher Small	Kingston Sec	24.28
12	Thomas Boyd	Frontenac SS	24.39
13	Jacob Girard	Loyalist Cvi	24.40
14	Nathan Kashira	Kingston Sec	24.94
15	Mattia Corbella	La Salle SS	25.53
16	Thomas Fillion	Kingston Sec	25.71
17	Miguel Larios	Bayridge S.S	26.11
18	Jeremy Phillips	Sydenham HS	26.42
19	Elijah Perez	Holy Cross -	26.52
20	Andrew Burke	Bayridge S.S	26.61
21	Ryan McIntyre	Frontenac SS	27.77
22	Sam Smith	Bayridge S.S	28.54

Men 200 Meter Dash Senior			
KASSAA: 22.05 * 2024		James Compeau	
Name		School	Finals
Finals			
1	Wyatt Lee	Frontenac SS	21.89*
2	Diego Vargas	Bayridge S.S	22.91
3	Noah Borges	Holy Cross -	23.42
4	Taye Wiwchar	Regiopolis-N	23.59
5	Briar Dickson	Sydenham HS	23.97
6	Isaaco Poletinni	Kingston Sec	24.01
7	Andrew Young	Holy Cross -	24.08
8	Ian Sheppard	Sydenham HS	24.13

Men 400 Meter Dash Senior			
KASSAA: 49.10 * 2013		Wade Embury	
Name		School	Finals
Finals			
1	Quinn Saganowich	Holy Cross -	52.81
2	Thomas Boyd	Frontenac SS	54.35
3	Jacob Girard	Loyalist Cvi	54.56
4	Aidan Myers	Holy Cross -	55.70
5	Nathan Kashira	Kingston Sec	55.90
6	Briar Dickson	Sydenham HS	56.13
7	James Webb	Holy Cross -	58.30
8	Carter Boyce	Holy Cross -	58.61
9	Ryan Bosso	Kingston Sec	1:00.16
10	Sebastian Amador	Kingston Sec	1:00.72
11	Ryan McIntyre	Frontenac SS	1:02.60
12	William Phinney	Kingston Sec	1:06.18

Men 800 Meter Run Senior			
KASSAA: 1:52.70 * 1986		Trevor VanNest	
Name		School	Finals
Finals			
1	Tommy Fleming	Sydenham HS	2:12.34
2	James Howlett	Holy Cross -	2:13.62
3	Saki Braun	Kingston Sec	2:16.77
4	Hayden Leeder	La Salle SS	2:20.39
5	Sebastian Amador	Kingston Sec	2:27.89
6	Cooper McClatchey	Kingston Sec	2:31.89
7	Tristian Downer	Holy Cross -	2:40.61
8	Leo Hanlon	Holy Cross -	2:43.80
9	William Phinney	Kingston Sec	2:45.36

Men 1500 Meter Run Senior			
KASSAA: 3:55.50 * 1986		Trevor VanNest	
Name		School	Finals
Finals			
1	Cailan McGregor	Frontenac SS	4:05.43
2	Jack Gregory	Napanee Dist	4:06.29
3	Hayden Leeder	La Salle SS	4:37.04
4	Matthew Sacilotto	Kingston Sec	4:38.49
5	Saki Braun	Kingston Sec	4:42.46
6	Weston Cooper	Frontenac SS	4:46.54
7	Aidan Myers	Holy Cross -	4:48.18
8	Micah James	Kingston Sec	4:52.16
9	Sebastian Amador	Kingston Sec	5:06.73
10	Jonathan Sponholz-Ruskin	Bayridge S.S	5:25.52
11	Liam Rodgers	La Salle SS	5:48.70
12	Leo Hanlon	Holy Cross -	6:07.07
13	Colin Watson	La Salle SS	6:18.44
14	Wesley Pearce	Holy Cross -	6:33.76

Men 3000 Meter Run Senior			
KASSAA: 8:37.19 * 2018		Carter Free	
Name		School	Finals
Finals			
1	Cailan McGregor	Frontenac SS	9:04.99
2	Jack Gregory	Napanee Dist	9:05.49
3	Hayden Leeder	La Salle SS	10:25.76
4	Matthew Sacilotto	Kingston Sec	10:29.41
5	Saki Braun	Kingston Sec	10:39.63
6	Cooper McClatchey	Kingston Sec	11:44.81
7	Jonathan Sponholz-Ruskin	Bayridge S.S	11:51.09
8	Liam Rodgers	La Salle SS	12:25.06
9	Leo Hanlon	Holy Cross -	13:41.60
10	Joshua Flank	Ernestown -	13:52.95

Men 110 Meter Hurdles Senior			
KASSAA: 14.40 * 2012		Hayden Peters	
Name		School	Prelims
Preliminaries			
1	Brian Black	Sydenham HS	15.62Q
2	Ian Sheppard	Sydenham HS	18.47Q
3	Asher Small	Kingston Sec	16.17Q

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	Name	School	Prelims
4	Isaac Hayes	Napanee Dist	18.48Q
5	Amilian Joachim	Holy Cross -	18.25Q
6	Tristan Messenger	Bayridge S.S	18.87Q
7	Alex Portyansky	Holy Cross -	19.53q
8	Reed Mastorakos	Loyalist Cvi	19.91q
9	Andrew Burke	Bayridge S.S	20.37
10	Rodrigo Zepeda Mandri	Holy Cross -	20.81

Men 110 Meter Hurdles Senior**KASSAA: 14.40 * 2012****Hayden Peters**

	Name	School	Finals
Finals			
1	Brian Black	Sydenham HS	15.64
2	Asher Small	Kingston Sec	16.50
3	Isaac Hayes	Napanee Dist	18.23
4	Ian Sheppard	Sydenham HS	18.29
5	Tristan Messenger	Bayridge S.S	18.57
6	Amilian Joachim	Holy Cross -	18.87
7	Alex Portyansky	Holy Cross -	19.05
8	Reed Mastorakos	Loyalist Cvi	19.50

Men 400 Meter Hurdles Senior**KASSAA: 56.30 * 2012****Hayden Peters**

	Name	School	Finals
Finals			
1	Brian Black	Sydenham HS	1:00.87
2	Will Brown	Sydenham HS	1:02.78
3	Tommy Fleming	Sydenham HS	1:05.64
4	James Howlett	Holy Cross -	1:08.70
5	Rodrigo Zepeda Mandri	Holy Cross -	1:08.74
6	William Phinney	Kingston Sec	1:28.94

Men 4x100 Meter Relay Senior**KASSAA: 44.00 * 1989****Kingston C.V.I.**

	Team	Relay	Finals
Finals			
1	Holy Cross - Kingston		44.23
2	Frontenac SS		44.55
3	Kingston Sec		44.61
4	Sydenham HS		45.06
5	Bayridge S.S		48.97

Men High Jump Senior**KASSAA: 2.11m * 1987****Sanjaya Wijayakoon**

	Name	School	Finals
Finals			
1	Leif Piatkowski	La Salle SS	1.87m
2	Chris Stacey	Holy Cross -	1.85m
3	Causton Wood	Sydenham HS	1.80m
4	Asher Small	Kingston Sec	1.70m
5	Grayden Broadfoot	Sydenham HS	1.70m
6	Aeryck Hook	Sydenham HS	1.60m
7	Max Dowker	Loyalist Cvi	1.50m
---	James Kircher	Sydenham HS	NH

--- Will Delouche

Frontenac SS

NH

Men Pole Vault Senior**KASSAA: 4.33m * 1998****Mike Kleywegt**

	Name	School	Finals
Finals			
1	Micah James	Kingston Sec	3.70m
2	Ben Strand	Kingston Sec	3.15m

Men Long Jump Senior**KASSAA: 6.75m * 2017****Mavrick Snider****KASSAA 2: 6.75m + 1992****Ted Farndon**

	Name	School	Finals
Finals			
1	Leif Piatkowski	La Salle SS	6.26m
2	Zac Vandermeer	Bayridge S.S	6.25m
3	Causton Wood	Sydenham HS	6.09m
4	Sam Tan	Holy Cross -	6.08m
5	Prince Chowdhury	Loyalist Cvi	5.98m
6	Amilian Joachim	Holy Cross -	5.79m
7	Will Duff	La Salle SS	5.57m
8	William Mitchell	Loyalist Cvi	5.57m
9	Iain McShane	Sydenham HS	5.47m
10	Braeden Medd	Regiopolis-N	5.46m
11	Jake Campbell	Frontenac SS	5.33m
12	Abdel Elshrief	Loyalist Cvi	5.10m
13	Mattia Corbella	La Salle SS	5.04m
14	Isaac Hayes	Napanee Dist	5.01m
15	Jude Wells	Holy Cross -	4.73m
15	Jeremy Phillips	Sydenham HS	4.73m
17	Anthony Polidoropoulos	Frontenac SS	4.09m
---	Garrett Cowan	Frontenac SS	FOUL

Men Triple Jump Senior**KASSAA: 13.82m * 1982****Roger Skepple**

	Name	School	Finals
Finals			
1	Jake Campbell	Frontenac SS	13.13m
2	Causton Wood	Sydenham HS	12.64m
3	Prince Chowdhury	Loyalist Cvi	12.43m
4	Iain McShane	Sydenham HS	12.40m
5	Sam Tan	Holy Cross -	12.36m
6	Chris Stacey	Holy Cross -	12.20m
7	Grayden Broadfoot	Sydenham HS	11.90m
8	Jacob Girard	Loyalist Cvi	11.25m
9	Amilian Joachim	Holy Cross -	10.94m
10	William Mitchell	Loyalist Cvi	10.56m
11	Aeryck Hook	Sydenham HS	10.49m
12	Anthony Polidoropoulos	Frontenac SS	8.47m

Men Shot Put Senior**KASSAA: 18.28m * 1998****Corey Trudeau**

	Name	School	Finals
Finals			
1	Carel Poirier-De Guzman	Esc St. MR	13.00m
2	Alex Huneault	La Salle SS	12.95m

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Finals ... (Men Shot Put Senior)

	Name	School	Finals
3	Alex Goddard	Holy Cross -	12.92m
4	Nate Wilson	Bayridge S.S	11.85m
5	Alex Abbink	Bayridge S.S	11.10m
6	Liam Wagner	Esc St. MR	11.03m
7	Matt Boyd	Regiopolis-N	10.93m
8	Dylan Farrelly	Kingston Sec	10.83m
9	Maverick Cunningham	Holy Cross -	9.55m
10	Joon Kim	Holy Cross -	9.50m
11	Hudson Peters	Bayridge S.S	9.04m
12	Parker Hollywood	Loyalist Cvi	8.92m
13	Thomas Harvey	Ernestown -	8.44m
14	Bjarne Melander	Bayridge S.S	8.10m
15	Tristian Downer	Holy Cross -	7.14m

Men Discus Throw Senior

KASSAA: 53.06m * 2012		Brandon Deslauriers	
	Name	School	Finals
Finals			
1	Carel Poirier-De Guzman	Esc St. MR	40.42m
2	Landon Matthews	Loyalist Cvi	37.40m
3	Alex Huneault	La Salle SS	33.18m
4	Alex Goddard	Holy Cross -	30.26m
5	Nate Wilson	Bayridge S.S	29.20m
6	Dylan Farrelly	Kingston Sec	28.82m
7	Thomas Harvey	Ernestown -	26.39m
8	Maverick Cunningham	Holy Cross -	24.97m
9	Joon Kim	Holy Cross -	22.69m
10	Bjarne Melander	Bayridge S.S	22.64m
11	Parker Hollywood	Loyalist Cvi	21.05m
12	Tristian Downer	Holy Cross -	18.08m

Men Javelin Throw Senior

KASSAA: 59.32m * 2001		Matt Murdock	
	Name	School	Finals
Finals			
1	Ashwin Laird	Esc St. MR	52.05m
2	Alex Huneault	La Salle SS	49.13m
3	Daniel Fitzgerald	Frontenac SS	44.49m
4	Jimmy Gibson	Frontenac SS	43.23m
5	Nate Wilson	Bayridge S.S	40.88m
6	Will Jenkins	Bayridge S.S	39.93m
7	Eliot Blackwell	Kingston Sec	36.42m
8	Ty Huddleston	Frontenac SS	35.96m
9	James Webb	Holy Cross -	30.45m
10	Trey Thompson	Holy Cross -	29.16m
11	Will Delouche	Frontenac SS	26.15m

Men 2000 Meter Steeplechase Open

KASSAA: 6:07.70 * 2000		Brett Burns	
	Name	School	Finals
Finals			
1	Tommy Fleming	Sydenham HS	7:07.67
2	Will Brown	Sydenham HS	7:13.24
3	Matthew Sacilotto	Kingston Sec	7:14.76

4	Garret Hopkins	Kingston Sec	7:17.38
5	Dylan Sutton	Frontenac SS	7:42.04
6	Rodrigo Zepeda Mandri	Holy Cross -	7:48.71
7	Cameron Kerr	Sydenham HS	7:53.36
8	James Howlett	Holy Cross -	8:06.46
9	Rogan Steele	Frontenac SS	8:12.42

Men 4x400 Meter Relay Open

KASSAA: 3:27.83 * 2016		Holy Cross	
	Team	Relay	Finals
Finals			
1	Sydenham HS		3:37.53
2	Holy Cross - Kingston		3:42.69
3	Frontenac SS		3:51.26
4	Kingston Sec		3:51.32

Men Shot Put Wheelchair

KASSAA: 2.70m * 2024		Anthony Galligan	
	Name	School	Finals
Finals			
1	Anthony Galligan	Sydenham HS	2.60m

Men 100 Meter Dash Ambulatory

KASSAA: 11.30 * 2013		Garrett Fraser	
	Name	School	Finals
Finals			
1	Tyler Neilson	Napanee Dist	14.69
2	Joshua Flank	Ernestown -	16.30

Men 800 Meter Run Ambulatory

KASSAA: 2:46.75 * 2019		Jack Revell	
	Name	School	Finals
Finals			
1	Joshua Flank	Ernestown -	3:16.91

Men Shot Put Ambulatory

	Name	School	Finals
Finals			
1	Tyler Neilson	Napanee Dist	6.81m

Men 100 Meter Dash ID

KASSAA: 12.09 * 2018		Nathan Nowak	
	Name	School	Prelims

Preliminaries

1	Jay Theriault	Granite Ridg	13.97Q
2	Connor Smith	Bayridge S.S	14.26Q
3	Caleb Turner	Frontenac SS	14.38Q
4	Lewis Day	Kingston Sec	14.56Q
5	Micoh Bugna	Bayridge S.S	15.08Q
6	Maddex Ashley	Napanee Dist	15.60Q
7	Cody Welch	Holy Cross -	16.14q
8	Kaleb Hird	Napanee Dist	16.49q
9	Austin Buder	Granite Ridg	16.51
10	Patrick Barkley	Frontenac SS	16.78
11	Sabeen Chowdhury	Kingston Sec	16.85
12	Jacob Vivian	Holy Cross -	18.03
13	Hayden Walker-Maleska	Napanee Dist	18.34

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Preliminaries ... (Men 100 Meter Dash ID)			
Name	School	Prelims	
14 Aiden Gilfillen	Napanee Dist	21.06	
15 Nathan Rubino	Ernestown -	24.49	

Men 100 Meter Dash ID			
KASSAA: 12.09 * 2018		Nathan Nowak	
Name	School	Finals	

Finals			
1 Jay Theriault	Granite Ridg	14.21	
2 Connor Smith	Bayridge S.S	14.38	
3 Caleb Turner	Frontenac SS	14.45	
4 Micoh Bugna	Bayridge S.S	14.60	
5 Lewis Day	Kingston Sec	14.64	
6 Maddex Ashley	Napanee Dist	15.39	
7 Kaleb Hird	Napanee Dist	16.06	
8 Cody Welch	Holy Cross -	16.09	

Men 800 Meter Run ID			
KASSAA: 2:26.05 * 2022		Corey McCaughtery	
Name	School	Finals	

Finals			
1 Gaije Reid	Frontenac SS	2:50.15	
2 Maddex Ashley	Napanee Dist	2:57.54	
3 Lewis Day	Kingston Sec	3:01.80	
4 Kaleb Hird	Napanee Dist	3:05.36	
5 Sabeen Chowdhury	Kingston Sec	3:11.05	
6 Ale Finnie	Holy Cross -	3:28.04	

Men Long Jump Standing ID			
Name	School	Finals	

Finals			
1 Aidan Holman	Sydenham HS	2.29m	
2 Lewis Day	Kingston Sec	2.24m	
3 Jay Theriault	Granite Ridg	2.23m	
4 Caleb Turner	Frontenac SS	2.13m	
5 Tommy Hasselaar	Sydenham HS	2.12m	
6 Connor Smith	Bayridge S.S	1.98m	
7 Micoh Bugna	Bayridge S.S	1.90m	
8 Austin Buder	Granite Ridg	1.75m	
9 Gaije Reid	Frontenac SS	1.64m	
10 Patrick Barkley	Frontenac SS	1.53m	
11 Aiden Gilfillen	Napanee Dist	1.44m	
12 Sabeen Chowdhury	Kingston Sec	1.39m	
13 Hayden Walker-Maleska	Napanee Dist	1.25m	

Men Shot Put ID			
KASSAA: 10.89m * 2024-05-16		Xavier Brown	
Name	School	Finals	

Finals			
1 Cody Welch	Holy Cross -	8.97m	
2 Caleb Turner	Frontenac SS	8.84m	
3 Jay Theriault	Granite Ridg	8.59m	
4 Liam Cleary	Bayridge S.S	8.43m	
5 Patrick Barkley	Frontenac SS	7.56m	
6 Kaleb Hird	Napanee Dist	7.39m	

7 Aiden Gilfillen	Napanee Dist	6.64m
8 Connor Smith	Bayridge S.S	6.50m
9 Maddex Ashley	Napanee Dist	5.43m
10 Landon Francis	Holy Cross -	5.35m
11 Hayden Walker-Maleska	Napanee Dist	5.34m
12 Austin Buder	Granite Ridg	4.95m
13 Micoh Bugna	Bayridge S.S	4.84m